

# Affirmation words

## Compiled by Lisa Allison

I am energized  
I am excited  
I am a powerful Sales Director  
I know why I work every day  
I know my purpose: it is to \_\_\_\_\_  
Capable  
Successful  
Nothing stops me, especially not a NO.  
I am not a time waster.  
I always have classes on my books  
I always attend my weekly meeting!  
I always attend my weekly meeting with guests!  
I have abundant success  
Everyone wants to join my team.  
I build Emerald Stars!  
I am an Emerald Star!  
My Director is proud of my work.  
This is a big accomplishment for me.  
I can do it!  
I am a sensational success story in the making  
I am having my greatest week ever!  
I have a beautiful attitude and a zest for life that is out of the ordinary.  
I take great pride in stepping out on faith and making things happen  
There is a giant inside of me waiting to emerge and do great things!  
Now is the time  
I do my work with style  
I work with a poised sophistication  
When I write in my datebook, I'm writing in my checkbook  
Everyone at my appointments starts with my travel roll-up bag  
I book classes with every single client.  
I am an important member of the Mary Kay family.  
I love to contribute to the team  
Every success stems from belief and my Director totally believes in me  
This is the start of something BIG!  
My team just continues to grow and get stronger every single month.  
What an asset I am to our growing future Pierson National Area  
My team loves me and appreciates my leadership  
I have a beautiful ability to work with people.  
I am so ready to become a Sales Director, can you stand it?  
I can't wait to hear my name called as my Sales Director introduces me on stage.  
I feel the excitement of picking up my first MK car.  
I feel my family's pride when I drive to visit them in my MK car.

NO is a vitamin to me – the more I hear, the stronger I am.  
I am an inspiration to everyone I meet and everyone I train.  
I am a hard worker  
I am determined!  
Success is not for the chosen few, it's for the few who choose and I'm there!  
Super good!  
Look out world, here I come!  
I am a booking machine.  
I am a selling machine – everyone wants to be my client.  
I am a master team builder – people want to join my team TODAY!!  
My dream is in the making.  
I am a do-er not a stewart. This quality separates me from average.  
I get things done.  
Professionals get things done.  
The difference between a professional and an amateur is that a professional does MK even when she doesn't feel like it. I am a professional.  
I give my career the first class effort that it deserves.  
I can make extreme money in MK – If Marianne can, I can!  
I am a BIG THINKER.  
My enthusiasm is contagious.  
Winners all have a common characteristic – they have the ability to focus on what they are doing. I have focus!  
I hold full circle classes and set up team building interviews with everyone!  
I am not afraid!  
Courage is not the lack of fear, it is being terribly afraid and doing it anyway.  
I am not afraid!  
I have a unit of 50 people and I've only been a Director a short while.  
I will do everything I can to build and contribute to our National Area.  
I will feel so proud to be on stage as one of the powerful Directors in the future Pierson National Area with my sister Sales Directors who are working along side of me.  
I know that TEAM means Together Everyone Achieves More  
I will be #1 in our Area!  
No one can stop me  
No one can take away my dream  
It's a Perfect Day!  
I am one of the happiest people I know and people are starting to notice  
I am a dedicated self-developer.  
I am growing every day  
I am growing my business every day  
I choose a life of growth  
The people who reach their potential, no matter their profession or background think in terms of improvement.  
I do not suffer from “someday sickness” I get things done now  
I am teachable.  
I am so proud of my mentors and I get to talk with them often

I realize that a trade off for growth is that it is sometimes uncomfortable. But growth is worth the price I pay because I know that the alternative is a limited life with unfulfilled potential.

Success takes effort and I know I can't make the journey if I'm sitting back waiting for life to come along and improve me. I am improving every day!

I listen to my Director.

I listen to my mentors.

I only take advice from someone that I would enjoy trading places with.

I'm asking myself when I learn something new:

Where can I use it?

When can I use it?

Who else needs to know it?

I know that in this business others are ahead of me and I want to learn from them.

I work in a National Area where growth is modeled and expected.

What a strong group of people I am a part of – I am so proud!

I exceed the expectations of those God has entrusted to me.

I exceed the expectations of my leaders and mentors.

People are saying, "Wow! Where did she come from?"

My dedication to growth motivates me.

What is success? (Whit Hobbs)

"Success is waking up in the morning, whoever you are, wherever you are, however old or young and bounding out of bed because there's something out there that you love to do, that you believe in, that you're good at – something that's bigger than you are, and you can hardly wait to get at it again today." I love it! That's me!

I am an eagle, not a chicken!

May God give me the desire of my heart and make all my plans succeed. (Ps 20:4)

I commit whatever I do to the Lord and I know my plans will succeed. (Pr 16:3)

I can do ALL things through Christ who gives me strength (Phil 4:13)

"And who knows but that you have come to this position for such a time as this?" (Esther 4:14)

It is fine to be zealous, provided the purpose is good. (Gal 4:18)

Whatever I do, I will work at it with all my heart, as working for the Lord, not for men, since I know that I will receive an inheritance from the Lord as a reward. It is the Lord Christ I am serving. (Col 3:23-4)

I am overflowing with thankfulness. (Col 2:7)

I am not anxious about anything, but in everything by prayer and petition, with thanksgiving, I present my requests to God. (Phil 4:6)

I do nothing out of selfish ambition or vain conceit, but in humility I consider others better than myself. (Phil 2:3)

I look not only to my interests, but to the interests of others. (Phil 2:4)

I know that God did not give me a spirit of timidity (shyness), but a spirit of power, of love and of self-discipline. (2 Tim 1:7)

God knows the plans He has for me, plans to prosper me and not to harm me, plans to give me a hope and a future. (Jer 29:11)